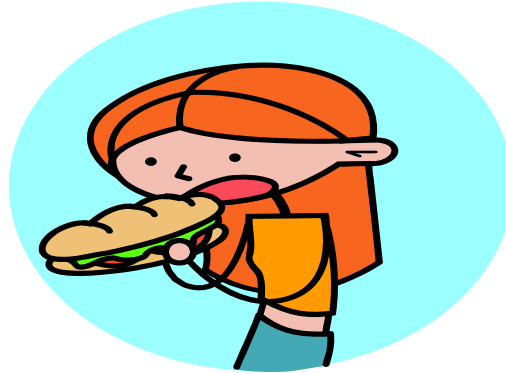


VCUHS Office of Workforce Development is Pleased  
to Invite all VCUHS Staff to the  
November 'Tween Event

**“RISKY BUSINESS”**  
**Adolescent Nutrition: Is Thin Really In?**



*Open to all VCUHS Parents (Grandparents, Aunts, Uncles too)  
and Teens (and friends of Teens)*

*The teens will spend time with experts to learn about body image, healthy eating habits,  
exercise ideas and the adults will be learn how to talk to their teens about these topics and  
recognize the early warning signs of eating disorders and other unhealthy practices*

**Thursday November 16<sup>th</sup>**  
**7:00-9:00pm**  
**Richmond Marriott West**

**Speakers Include:**

**Daphne L. Bryan, MD**  
Medical Director of Hayes E Willis Health Center  
**Ronald K. Evans, PhD**  
Department of Health and Human Performance  
**Suzanne Mazzeo, PhD**  
Associate Professor, Dept of Psychology  
**Becky Campbell, RD**  
TEENS Dietitian  
**Cassie Brode**  
Counseling Psychology

**\*\*Please RSVP to Human Resources at 628-3244\*\***  
Refreshments will be provided